

Spending Diary

Struggling to pay your rent?

Managing your money and household finances can be hard - here are some tips to help...

Try making a spending diary to record and manage what you spend in a week- it can be an easy way of cutting back on some non essential items

Simply record what you spend over the course of a week then:

- Identify the difference between things you need and things you want
- Highlight where you may be able to cut down on some non essential items

Outgoings	Mon	Tue	Wed	Thurs	Fri	Sat	Sun

Things you need are things you can't live without.

I need it	Cost	I want it	Cost
	£		£

You may be able to cut down on some non essential items. What are the top 3 things you waste money on?

